



## *What are your Summer Fundamentals?*

Adventure  
Balance  
Calm  
Challenge  
Communication  
Community  
Connection  
Contribution  
Courage  
Creativity  
Exploration  
Faith  
Friendship

Freedom  
Fun  
Generosity  
Gratitude  
Growth  
Happiness  
Health  
Humor  
Inner  
peace  
Kindness  
Laughter  
Leadership  
Learning

Love  
Nature  
Novelty  
Openness  
Play  
Rest  
Self-  
reliance  
Self-worth  
Silence  
Simplicity  
Spontaneity  
Wonder  
Wellness  
Wholeness