



Take a Mini Spa'liday

After a few days of theme-park hopping, your weary body will be begging for some pampering. Carve out a few hours for some rest and relaxation at these centers of serenity.

—Kristen Manieri

BUZZ-WORTHY BLISS

When Grande Lakes Orlando began harvesting honey from its on-site apiaries in 2011, it didn't take long for the liquid gold to make its way into honey-infused spa treatments at the palatial **Ritz-Carlton Spa**. In between dips in the 4,000-square-foot, adults-only pool and naps in the co-ed relaxation room, guests can indulge in the Bee Pampered Pedicure (\$75) or the Harvest Glow Hot Honey Treatment (\$330), which take advantage of the natural hydration and restorative benefits of honey rich with vitamins B1, B2, C, B6, B5, and B3. Add to that luxe amenities such as a rooftop eco-space, a personalized scrub at the Scrub Bar and a 6,000-square-foot fitness center and you'll be feeling like the queen bee for a day. Cabana packages are also available.

407-393-4200,
ritzcarlton.com/orlando

DOWNTOWN DELIGHTS

A menu of ocean-inspired treatments delights downtown divas at **Poseidon Spa**, a boutique spa located on the sixth floor of the Grand Bohemian Hotel. The spa's exclusive "Jewels of the Sea" treatments, such as the signature Heated Shell Massage (\$186) and the Crème De Caviar stone facial (\$215), utilize the antioxidant and exfoliation benefits of the sea to create glowing skin. The hotel's renowned art collection makes its way into the spa where walls high-light hand-painted wallpaper and original painting and sculptures that add to the spa's luxe vibe. The relaxation doesn't stop there. After your spa session, be sure to wander out to the sun deck where a sparkling pool and six-person whirlpool provide great views of the city's skyline.

407-581-4838,
grandbohemianhotel.com

NATURE'S OASIS

Inside Gaylord Palms Resort and Convention Center, where the outdoors are so perfectly re-created indoors, guests can lose themselves in the "natural Florida" vibe of the **Relâche Spa & Salon**. The decor, reminiscent of mystical springs, beckons guests to leave all the worries of the day behind.

Before guests take a dip in the lap pool or unwind in the steam room, they can delight in the Relâche Signature massage (\$140) or tap into the Fountain of Youth with the Oxygen Facial (\$235), which targets fine lines and wrinkles.

407-586-4772,
gaylordpalms.com/spa

MEDITERRANEAN ESCAPES

Designed to model an Italian seaside village complete with cobblestone streets and an expansive harbor piazza, the Loews Portofino Bay Hotel is home to the Balinese-inspired **Mandara Spa**, where guests wander down a candlelit hallway on their way to being transported to an oasis of tranquility. Besides a co-ed lounge and whirlpool, 14 exotic treatment rooms and access to the pool, the 11,000-square-foot spa boasts a

multitude of signature treatments including the Mandara Ritual for Hands and Feet (\$130), a two-hour cleansing, exfoliation and massage treatment that will put your everyday mani/pedi to shame.

407-503-1244,
mandaraspa.com

BLUE HEAVEN

Guests are transported to the tranquility of the sea at the **Blue Harmony Spa** at the Wyndham Grand Orlando Resort Bonnet Creek, thanks to decor drenched in blue hues and an ocean-influenced treatment menu infused with marine oils, salt scrubs and filtered seawater. Six indoor treatment rooms await, including a couple's suite appointed with side-by-side soaking tubs and an outdoor spa garden with treatment cabanas and secluded hot tub. With Magic Kingdom just minutes away, it's no surprise that Blue Harmony caters to the younger set with nail services for kids plus a Clear And Pure Facial (\$110) designed for teens. Extra perks include ultra plush robes and access to the zero-entry lagoon-style swimming pool. 407-390-2442,
blueharmonyorlando.com